

Unarmed combat training for girls

Date-25-10-2018

Organised by -SFI organization

The students were trained by SFI organisation to defend themselves from being exploited -



Awareness programme on Dysmenorrhoea

Date-24-04-2018

Resource persons-B.Sc Nursing students (Durga Bai Deshmukh Nursing College)

Girls were enlightened on Dysmenorrhoea and guided to handle menstrual cramps and pains associated with menstruation



Self defence training workshop

Date-29-01-2017/30-01-2017

Resource person-She team official coach

The students were trained in self-defence techniques



Yoga Training for students



